March Adult Programming

**Mindfulness Workshop**

Mindfulness is a great way to alleviate stress, develop more creativity, and cultivate more peace in your life. The practice can be added to any lifestyle and can be done anywhere. No special equipment or skills needed! Come to the library on Thursday, March 7 at 6:00 p.m. and learn how to use your breath, mind, and body as tools to help you be more present and peaceful in every area of your life. Laura Klain has practiced mindfulness and meditation for over 20 years. She can testify to the amazing power of adding more presence into your life!

Laura Klain is a certified life coach based in Nashua, N.H. She has been helping people build better relationships, change careers, increase creativity, and successfully navigate life’s curveballs for the last six years. She can testify to the amazing power of adding more presence into your life!

Ages 16 and up, and registration is required. Call the library at 432-7154 to register or for more information.

**Backyard Veggie Gardening with Bethany of Happy Belly Gardening**

Have you always wanted to plant a vegetable garden, but don’t know where to start, or are you an experienced gardener, but could use some advice? On Wednesday, March 27 at 6:00 p.m., come hear from an expert, Bethany Bellingham, founder of Happy Belly Gardening as she walks us through the process of getting our veggie gardens ready for the season. Free seeds will be given to all attendees!

Bethany is “an experienced vegetable grower, both as a community gardener and an organic farmer. Her growing experience began in 2007 as an apprentice on a vegetable farm and orchard in the high desert of western Colorado. The following year she moved to Massachusetts and worked as an apprentice and an assistant farm manager at Heirloom Harvest Community Farm in Westborough. There, she welcomed and worked alongside volunteers of all ages, from five through adult. For several years before giving birth to her son, she managed a community supported agriculture program at Farmer Dave’s in Dracut. Currently, she is a community gardener with Mill City Grows in Lowell, and she grows at home in containers. In the Mill City Grows community garden, she has won gardener awards for largest variety of produce grown, most produce harvested by weight, and most beautiful garden. She also worked with Mill City Grows as an after school educator in the Lowell public schools, where she taught gardening and cooking to students in grades 1-6.”

For more information, visit Bethany’s website: [www.happybellygardening.com](http://www.happybellygardening.com).

This program is for ages 16 and up, and registration is required. Please call the library at 432-7154 to register or for more information.
From the Children’s Room

Jane McCue, 
Children’s Librarian

Let’s Play Music Visits Nesmith Library!

Music for Little Mozarts
On Tuesday, March 5 at 10:00 a.m., Let’s Play Music and Make Art of Derry will bring their “Music for Little Mozarts” program to Nesmith Library! Four- to six-year-olds will get a chance to explore musical concepts with hands-on instrument discovery in a fun and encouraging environment. Children will enjoy experiencing the magic of this wondrous program for budding musicians! For more information, Music for Little Mozarts can be found at www.letsplaymusic.com.

Kindermusik
Calling all young families! Join Miss Holly of Let’s Play Music and Make Art of Derry on Wednesday, March 13 at 10:00 a.m., as she leads a “Family Time Wiggle and Grow” Kindermusik class at Nesmith Library for one to five years of age. Children will love moving to the music, singing along, and playing with percussion instruments specifically designed for tiny hands. By the end of the session, little ones, parents, and caregivers will come away with some new moves and a deeper appreciation for the joy of making music together! More information for Wiggle and Grow Family Time can be found at www.letsplaymusic.com.

Space is limited and registration is required for both programs. Please call the library at 432-7154 or stop by the front circulation desk to register.

Central of Manchester returns to bring their ever popular STEM program “Slimy Science” to the Nesmith Library.

This program is designed for students in grades three and up. Students will get their hands deep into science when they combine two liquid substances and create their own batch of silly putty to take home.

The Slimy Science program runs from 4:00 to 5:00 p.m. Parents have the option of remaining in the library during the program, or filling out a permission slip for their child to stay by himself or herself under the direction of the Nesmith Library staff. Children must be picked up no later than 5:00 p.m.

Registration is required, and registrants must be nine years of age or older, or in grades three to six. Space is limited. Please call the library at 432-7154 or stop by the circulation desk to register.

This month’s dates are March 4, March 11, and March 18.

Toddler Time

Karen Frey, 
Circulation Coordinator

Toddler Time is a drop-in program for children ages 18 months to three years, accompanied by a favorite adult. The program is offered on Monday mornings, and you choose either the 9:30 or 10:30 session. No registration is required.

Toddler Time lasts approximately 25 minutes, featuring books, songs, and movement activities. This is followed by time for social interaction and play.

This month’s dates are March 4, March 11, and March 18.
Stand Out in the College Admissions Process

Sylvie Brikiatis, 
Interim Director / Young Adult Librarian

It’s never too early to start planning…

Rescheduled!

Join us at the Nesmith Library on Tuesday, March 26 at 6:30 p.m. for a Q&A session with College Admissions Counselor Nancy Steenson. Middle and high school students and parents are welcome. Topics to be covered will include:

• Merit scholarships vs. financial aid.
• How important are extracurriculars? Do I need to be well-rounded?
• Writing powerful college essays that get noticed.
• Strategies to increase chance of admission at selective schools.
• What you need to know about standardized tests.
• Recommendations – who to ask, when to ask, what to ask.
No registration is required.

Introducing HOOPLA Digital

Sylvie Brikiatis

Starting March 1, 2019, with your valid Nesmith Library card, you will be able to download or stream digital content to your smart phone or other device, or to your computer. You may borrow up to four items per month. All content is immediately available, so there are no waiting lists! It only takes a minute to get started! Follow the simple instructions below:

1. Register for a hoopla account by visiting hoopladigital.com, or by using their mobile app on your iOS or Android device. You will need to provide an email address, create a password, and have your library account information ready. The free mobile app can be found in the App Store and the Google Play store.

2. Easily browse titles on your computer or mobile device by clicking Browse All on the format (Music, Movies, Audiobooks, eBooks, Comics, and Television) you would like to browse further on. You can search for a specific title by clicking on the Search box or magnifying glass and typing in your title(s)/keyword.

3. To borrow a title, click on the title and then click the Borrow button. Your borrowed titles can be played right after borrowing, and found under the My Titles menu for viewing/listening. Enjoy your selected titles!

4. Borrowed titles will be automatically returned when your lending period is over. There are no holds, wait lists, or late fees for any of hoopla’s content.

5. If you need additional help, visit the help section on the mobile app, or click on the Help link found at the bottom of hoopladigital.com.
F.L.O.W. Family Carnival

Rachel Deandrea,
F.L.O.W. Publicity

Come one, come all to a fun family event at your local library. Drop by with the whole family on Saturday, April 13 anytime between 11:00 a.m. and 2:00 p.m. for food, fun, crafts, games, and prizes! But, wait... there's more! Michelle Tieman from Balloons by Michelle will be there making fabulous balloon creations for the whole family AND Mr. Joe from Silly Solutions will be there at noon for a high-powered balloon show that you won't want to miss!

Crazy things are sure to happen when you get two professional balloon artists under the same roof – don’t forget to bring your cameras! While you’re there, you can visit our Book Fair for some amazing deals and then chat with the librarians about all of the wonderful programs that Nesmith Library has to offer.

Did I mention that this event is FREE? That’s right! The fabulous folks at F.L.O.W (Friends of the Library of Windham) are sponsoring this event so you get to enjoy all of the fun and entertainment at no cost to you! Donations are always appreciated. All proceeds go to support the Nesmith Library. We are still in need of volunteers for game stations. If you’re willing to help us out, please contact Michelle Tieman at michellertieman@gmail.com for more information. We hope to see you there!

Spring Book Fair Volunteers Needed

Rachel Deandrea

Mark your calendars for April 12 and 13 for the Friends of the Library of Windham’s Annual Spring Book Fair!

The Book Fair presale hours are Friday, April 12 from 9:00 a.m. to 12:00 p.m. The presale is open to F.L.O.W. members, teachers, and seniors only. The book sale will be open to the general public at the Nesmith Library on Friday, April 12 from 12:00 to 8:00 p.m., and Saturday, April 13 from 9:00 a.m. to 4:00 p.m. The Book Fair will include a special promotion. Fill a bag for just $5 during the last hour of the sale on Saturday.

Sign up at https://www.signupgenius.com/go/10c0c4baca62aaafa7-flow. Please choose the spot and time that you are available, click on Sign Up, and enter your name/contact information. If you have any questions, please contact Donna Gogas at dmgogas@gmail.com.

Thank you! We look forward to seeing you!

Save the Date – Strawberry Festival

Rachel Deandrea

Mark your calendars! This year’s Strawberry Festival sponsored by F.L.O.W. is scheduled for Saturday, June 1 at Windham High School. The busy day will feature everything from food, games, entertainment, raffles, informational booths, and even a dunk tank. The Book Fair will also be taking place at Nesmith Library leading into the festival.

Planning is well underway, but we can always use more volunteers. Attendance at monthly meetings is welcome, but not required for most positions. All can be done from home on your time.

The Strawberry Festival is not only one of the largest community events in Windham each year, but it is also F.L.O.W.‘s primary fundraising event. Funds raised go towards library improvements and technology, museum passes, scholarships, children’s programming, and much more.

For additional information, email flow@flowwindham.org.
F.L.O.W. Scholarships Available

Rachel Deandrea

F.L.O.W. is pleased to announce that it will be awarding four distinct scholarships for a total amount of $8,000; two are for high school seniors working toward a four-year degree at a college or university, one is for a high school senior going to a community college or trade school, and the final scholarship is for a non-traditional student returning to school after a gap of five or more years.

The recipients of the F.L.O.W. 2019 Annual Scholarships will be awarded funds to use toward tuition, the purchase of books, and any other supplies needed to further their education. This is a one-time award, not an annual recurring one, and scholars may only receive it once. Scholarship winners will be announced at the Windham High School Scholarship Night (May 29, 2019).

Applications are available at the Nesmith Library, F.L.O.W.’s website, and the school’s scholarship portal. Please complete all the required steps carefully and return it either to the Windham High School Guidance Office or to the Nesmith Library by the end of day on Monday, April 1, 2019.

Informational meetings to be held at the Nesmith Library on Sunday, March 10 at 2:00 p.m. and Wednesday, March 13 at 7:00 p.m.

New Children’s Non-Fiction

Jane McCue

Awesome Animal Powers
Bees: Cool Communicators
Devil Rays: Dynamic Dancers
Homing Pigeons: Navigation All-Stars
Otters: Tool Users
Ravens: Problem Solvers

Sing a Song of Seasons: A Nature Poem for Each Day of the Year selected by Fiona Waters

Cool Pets for Kids by Dawn Titmus
Birds
Cats
Dogs

Fish
Horses and Ponies
Insects and Spiders
Rabbits, Mice, and Rats
Reptiles and Amphibians

Earth’s Energy Innovations
Oil Energy

Dates to Remember

3/4 Toddler Time, 9:30 and 10:30 a.m.
3/5 Music for Little Mozarts, 10:00 a.m.
3/6 Teen Tech Mentoring, 3:00-5:00 p.m.
3/7 Nesmith Knitters, 12:30-2:30 p.m.; Mindfulness Workshop, 6:00 p.m.
3/10 F.L.O.W. Scholarship Info, 2:00 p.m.
3/11 Toddler Time, 9:30 and 10:30 a.m.
3/13 Kindermusik, 10:00 a.m.; F.L.O.W. Scholarship Info, 7:00 p.m.
3/16 Teen Tech Mentoring, 1:00-3:00 p.m.
3/18 Toddler Time, 930 and 10:30 a.m.
3/21 Nesmith Knitters, 12:30-2:30 p.m.
3/25 Slimy Science After School Program, 4:00 p.m.
3/26 Library Board of Trustees Meeting, 7:00-8:15 p.m.
3/26 Stand Out in the College Admissions Process, 6:30 p.m.
3/27 Backyard Veggie Gardening, 6:00 p.m.