

From the Director's Desk

Volume 30 Number 3

November 2024

Sylvie Brikiatis, Nesmith Library Director

Welcome to GMILCS (Greater Manchester Integrated Library Consortial System), Leach Library! We're thrilled to announce that the Leach Library in Londonderry, N.H., has officially joined the GMILCS consortium! This exciting addition to the consortium strengthens our shared mission of connecting communities to a wealth of resources, making it easier than ever to access a wider variety of books, DVDs, and more.

We are excited about the opportunities that expanding the GMILCS consortium brings and look forward to offering even more ways to learn, grow, and explore. Welcome, Leach Library – we can't wait to see what we'll achieve together!



What does this mean for you, our Nesmith patrons? Starting Monday, October 28, you can use your Nesmith Library card to check out materials at Leach Library, just as you can with other GMILCS libraries!

November Adult Programming

Maria Schroeter, Adult Collection Development and Adult Programming Librarian

Happy Thanksgiving! I look forward to this meal every year, even though it takes so long to put together. It is worth it just for the stuffing alone, in my book anyway. Happy Veteran's Day to all who served, including my husband, a Navy veteran of 13 years.

New Book Releases

Here are books publishing in November. *The Serviceberry* by Robin Wall Kimmerer, author of *Braiding Sweetgrass*, is releasing on Nov. 19. *How to Let Things Go: 99 Tips from a Zen Buddhist Monk to Relinquish Control and Free Yourself Up for What Matters* by Shunmyo Masuno is publishing on Nov. 12. On Nov. 5, *Plants for the Winter Garden* by Warren Leach will be out, and there are a few biographies being published this month: *Citizen: My Life After the White House* by Bill Clinton (Nov. 19,) *Cher: The Memoir, Part One* by Cher (Nov. 19), and *Ingenious: A Biography of Benja-* *min Franklin, Scientist* by Richard Munson (Nov. 12). All of these are already listed in our catalog and are ready for you to put on hold. If you need help putting an item on hold, just give us a call and we can walk you through it or do it for you.

Nesmith Library Book Group

The Nesmith Library Book Group will meet on Wednesday, November 13 at 6:00 p.m. Currently, the book group is not accepting new members, and the waitlist is full. However, if you are willing to travel down the road a bit to the Rodgers Memorial Library in Hudson, they have six different book groups and a crime podcast club that are open to all, and they welcome Nesmith patrons! Find out more at www.rodgerslibrary.org/book-groups.

Entrepreneurship: Getting Started Looking to start your own business? Have an idea and don't know how to grow

Contents:

Teen Happenings	3
Storytimes	3
Monthly Children's Programs	4
Calling All Kids!	5
Dates to Remember	5

it? Then join us on Saturday, November 2 at 1:00 p.m. for Entrepreneurship: Getting Started, moderated by Dennis Withee, a member of the Windham Economic Development Committee, and featuring speakers from the community including Julie Glosner, Southern Regional Director for the N.H. Small Business Development Center. All are welcome! Bring your ideas and your questions!

Mediumship Gallery



Back by popular demand! Join us on Wednesday, November 6 at 6:00 p.m. for another visit with psychic medium Carissa Sikora. Last time was a truly wonderful experience that touched the audience in a beautiful and heartfelt way. Carissa invites in and connects with Spirit loved ones to relay messages. Grief around death is a profoundly personal experience in which everyone feels and moves through at their own pace. Regardless of how your loved one died, Carissa only brings through information that will be helpful in providing validation, comfort, love, and healing. Please sign up only if you are comfortable receiving a message in front of our group. Carissa will not be able to provide everyone with a reading but will do her best to have as many Spirits come through as time allows. She will open with a brief explanation on how she receives messages and what to expect, then go into readings, and end with answering a few questions. Register early, as space is limited and will fill quickly.

Carissa Sikora is a psychic medium, clairvoyant, and reiki master. Carissa loves living in Windham with her husband and two daughters. They love spending time outside, exploring and relaxing in and around New England. Since opening her business in 2019, Carissa has felt deep fulfillment in helping others heal through her services of mediumship and psychic readings and reiki.

Virtual Holiday Baking Demo



The holidays are upon us, and coming up with new and nutritious options can be challenging. If you are looking for a sweet treat for the holidays that won't sabotage your healthy eating goals, join us virtually via Zoom on Monday, November 18 at 7:00 p.m. when we welcome registered dietitian Heidi McIndoo and make mini pumpkin pie tartlets. Ingredient list and the recipe will be emailed to registrants prior to the program, so that everyone can follow along with Heidi. This program is presented with Ashland (Mass.) Public Library.

Heidi McIndoo, M.S., R.D., L.D.N., is a nutrition consultant, spokesperson, author, and freelance writer with 25 years experience as a registered dietitian. She loves helping people realize that eating nutritiously doesn't have to mean sacrificing flavor and pleasure, and that giving up favorite foods is not a must. She currently works with Hannaford Supermarkets and in corporate wellness. She's the author of When to Eat What and the co-author of The Complete Idiot's Guide to 200-300-400 Calories Meals. In addition, she has written for several magazines including All You, Today's Diet & Nutrition, Parents, Family Circle, Self, Prevention, Fitness, Shape, and Woman's Day; and newsletters such as Environmental Nutrition, and Women's Nutrition Connection. She is a member of the Academy of Nutrition and Dietetics. Heidi lives in the metro Boston area with her husband and their daughter and son.

Holiday Felting Craft for Adults



Happy holidays! Join us on Wednesday, November 20 at 6:00 p.m. when we'll be needle felting Christmas trees and gingerbread cookies! Needle felting is the process of poking wool repeatedly with a barbed needle to tangle the wool fibers until they condense into a piece of felt or felt object. It's fun and easy to do! There is no cost, and all supplies will be provided. This craft is for Nesmith Library cardholders only, and space is limited, so register early.

Virtual Native Nations: A Millennium in North America

On Monday, November 25 at 7:00 p.m., join us virtually via Zoom when we welcome professor, historian, and author Kathleen DuVal to discuss her book, *Native Nations: A Millennium in North America. The Wall Street Journal* has called Kathleen's book, "An essential American history" that places the power of Native nations at its center, telling their story from the rise of ancient cities more than a thousand years ago to fights for sovereignty that continue today. This program is presented with Ashland Public Library.

Kathleen DuVal is a professor of history at the University of North Carolina at Chapel Hill. Her field of expertise is early American history, particularly interactions among Native Americans, Europeans, and Africans on the borderlands of North America. Her books include Independence Lost: Lives on the Edge of the American Revolution.

Adult programs are for ages 18 and up (unless otherwise noted) and registration is required. To register, please visit our Events Calendar at <u>https://nesmithlibrary.org/calendar</u>. For more information on any of these programs, or if you have any questions, please contact Maria at <u>mschroter@</u> <u>nesmithlibrary.org</u> or call the library at 603-432-7154.

Teen Happenings

Molly Pevna,

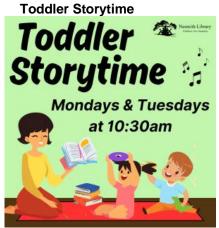
Teen Services Librarian

November is shaping up to be an exciting month for teens at the Nesmith Library! From crafting delicious treats to rediscovering classic games, there's something for everyone. Kick off the month with a **Teen Advisory Group (TAG)** meeting on Tuesday, November 5 at 6:30 p.m. This is a great opportunity to get involved in the library and earn service hours. Make sure to register to save your spot!



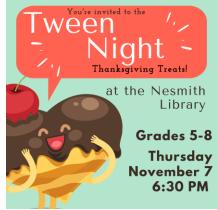
Storytimes

Azra Palo, Head of Youth Services

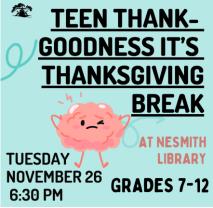


Monday and Tuesdays, 10:30 a.m. Ages 18 months to 3 years. Registration required.

Caregivers with children ages 18 months to 3 years are invited to sing, dance, and follow along to stories and songs, Mondays and Tuesdays at 10:30 a.m. at the Nesmith Library. We ask that patrons choose only one day On Thursday, November 7 at 6:30 p.m. join us for **Tween Night: Thanksgiving Treats**. Learn how to make your own delicious desserts to avoid any family dessert drama. Make sure to reach out to Molly with any dietary restrictions beforehand.



For a blast from the past, head to the **Tween Retro Game Night** on Tuesday, November 12 at 6:30 p.m. Challenge your friends to a game of classic favorites and see who's the ultimate retro gamer. Finally, celebrate the Thanksgiving break with **Teen Thank-Goodness It's Break** on Tuesday, November 26 at 6:30 p.m. Hang out with friends, enjoy snacks, and relax in a cozy atmosphere. We can't wait to see you there!



As a reminder, Tween programs are for grades 5-8 and Teen programs are for grades 7-12. Questions? Call the library at 603-432-7154 or email Molly at mpevna@nesmithlibrary.org.

of the week to attend. Siblings are also welcome. Patrons can register with their Nesmith Library card. Registration is week to week and opens up two weeks before the storytime date. Questions? Email Joan at jcarbone@ nesmithlibrary.org.



Wednesdays at 10:30 a.m. Ages 0-18 months. Registration not required. All babies and their caregivers are invited to join us Wednesday mornings at the Nesmith Library for Baby Storytime! We will have stories, songs, dancing, and more for ages 0 to 18 months. Siblings are always welcome. Questions? Email Courtney at <u>cwason</u> @nesmithlibrary.org.

Preschool Storytime

Thursdays at 10:30 a.m. Ages 3-5. Registration required. We are inviting our young friends and their families to join us for our school year sessions of Preschool Storytime at the Nesmith Library. This session runs from October 31 to November 21. Caregivers will stay for the entire session and siblings are welcome. Preschool Storytime requires registration with your Nesmith Library card. For more information, email Courtney cwason@nesmithlibrary.org.

Monthly Children's Programs

Azra Palo

Little Explorers Saturday, November 2 10:30 a.m.-11:30 a.m. Ages 1-3. No registration. Toddlers are natural scientists, always curious about the world around them. This activity includes sensory bin fun for toddlers ages 1, 2, and 3 (and their caregivers) to explore the five senses together. Drop in anytime on Saturday, November 2 from 10:30 to 11:30 a.m. to squish, pour, stretch, smell, and listen to gentle music while you meet other local families and have fun together! Siblings welcome. Questions? Email Courtney at cwason@ nesmithlibrary.org.

Drop-in Wind Sock Craft



Wednesday, November 13 3:30 p.m.

Ages 0-12. No registration. Get into the fall spirit with our monthly drop in craft! Children ages 0-12 years are welcome to join us on Wednesday, November 13 between 3:30 and 4:30 p.m. This month we will be celebrating all things fall! Specifically, all things decorative and windy. Come and create your own wind sock! We will have an example craft, but there is no one way to do this! You bring the creativity, and we provide the supplies. This craft is perfect to give to a loved one or keep for yourself! No registration required. Questions? Email Azra apalo@nesmithlibrary.org.

STEAM: Crystal Leaves & More! Thursday, November 14 6:00-7:00 p.m. Ages 8-11. Registration required.

What makes something fizz? How can we make crystals out of salt? We will answer these questions and more during our monthly STEAM program! Young scientists ages 8-11 are invited to register for our November STEAM program. On Thursday, November 19, starting promptly at 6:00 p.m., we will be making salt crystals with pipe cleaners and experimenting with all things that fizz! This program includes adult involved participation. During our monthly STEAM program, children learn about the world that we live in through science and art exploration. These hands-on activities are often messy and always fun! Supplies are provided.Registration is required with your Nesmith Library card. Questions? Email Azra apalo@nesmithlibrary.org.



Saturday, November 16 10 AM - 2 PM

Ages 4-10 No Registration Needed



Saturday, November 16 10:00 a.m. – 2:00 p.m. Ages 4-10. No registration. Stop by the Children's Room and

explore new ways to create art with unexpected materials! Kids ages 4-10 are invited to join us for Crafty Creations on Saturday, November 16, starting at 10:00 a.m. No registration required. Questions? Email Joan at jcarbone@nesmithlibrary.org.

Free Art Friday

Friday, November 22 10:30 – 11:00 a.m. Ages 2-5. Registration required.

Watercolors or bingo markers or stamps – oh my! Join us for a free exploration with art! This program will not aim to produce a specific project but will allow children to experiment freely with whatever medium is offered. Children should wear clothes they can get messy in or bring a smock. This event requires registration with your Nesmith Library card, and registration opens on Friday, November 8. Questions? Email Joan at jcarbone@nesmithlibrary.org. Kids' Comic Club Jr.



Monday, November 25 4:00-4:45 p.m. Ages 4-6. Registration required.

We know that kids of ALL ages love comics! This program, specially designed for children ages 4-6, will focus less on author interviews and favorite character illustrations, and more on telling stories, drawing pictures, and reading comics together! Join us on Monday, November 25 at 4:00 p.m. for a newer edition of Kids' Comic Club...Junior! Each session will begin with a short read-aloud of an ageappropriate comic book or graphic novel, followed by story-making activities and drawing prompts. The event will run approximately 45 minutes. Parents are welcome to attend. Registration opens on Monday, November 11 at 9:00 a.m. Questions? Email Courtney cwason@nesmithlibrary.org.

Kids' Comic Club

Monday, November 25 6:00 p.m.

Ages 6-11. Registration required. Inspired by the Cat Kid Comic

Club series! Each meeting has us drawing a character, watching author/ illustrator interviews, following step-bystep instructions, and listening as everyone who wants to share gets a chance to show us what they've been working on. We'll share what comics or graphic novels we've been reading, what we like (or don't) about them, and create our own awesome comics! Come ready to chat, draw, share, and collaborate. Registration opens Monday, November 11. Questions? Email Courtney <u>cwason@nesmithlibrary.org</u>.

Calling All Kids!



Dates to Remember

- 11/2 Little Explorers, 10:30 a.m.; Entrepreneurship: Getting Started, 1:00 p.m.
- 11/4 Toddler Storytime, 10:30-11:15 a.m.; FLOW Meeting, 6:30 p.m.
- 11/5 Toddler Storytime, 10:30-11:15 a.m.; Teen Advisory Group, 6:30 p.m.
- 11/6 Baby Storytime, 10:30 a.m.; Mediumship Gallery, 6:00-8:00 p.m.
- 11/7 Preschool Storytime, 10:30 a.m.; Nesmith Knitters, 12:30-2:30 p.m.; Tween Night: Thanksgiving Treats, 6:30 p.m.
- 11/11 Library Closed 11/12 Toddler Storytime, 10:30-11:15 a.m.; Tween Retro Game

- Night, 6:30 p.m. 11/13 Baby Storytime, 10:30 a.m.; Drop-in Craft, 3:30 p.m.; Library Book Group, 6:00-7:30 p.m. 11/14 Preschool Storytime, 10:30 a.m.; STEAM:
- Crystal Leaves and More, 6:00 p.m. 11/16 Crafty Creations,
- 10:00 a.m.-2:00 p.m. 11/18 Toddler Storytime, 10:30 a.m.; Virtual Holiday Baking Demo: Mini Pumpkin Pie Tartlets, 7:00 p.m.
- 11/19 Toddler Storytime, 10:30 a.m.; Library Board of Trustees, 6:30-8:00 p.m.
- 11/20 Baby Storytime, 10:30 a.m.; Holiday Felting Craft for Adults, 6:00-7:30 p.m.

11/21 Preschool Storytime, 10:30 a.m.; Nesmith Knitters, 12:30-2:30 p.m. 11/22 Free Art Friday, 10:30-11:00 a.m. 11/24 Plant Winter Evergreens, 1:30-2:30 p.m. 11/25 Toddler Storytime, 10:30 a.m.; Kids Comic Club, Jr., 4:00-4:45 a.m.; Kids Comic Club, 6:00 p.m.; Virtual Native Nations, 7:00 p.m. 11/26 Toddler Storytime, 10:30 a.m.; Teen Thank-Goodness It's Break, 6:30 p.m. 11/27 Baby Storytime, 10:30 a.m.; Library Closes Early 11/28 Library Closed 11/29 Library Closed 12/4-7 FLOW Winter Book Fair

Nesmith Library

8 Fellows Road Windham, NH 03087

Phone: 603-432-7154

Website: www.nesmithlibrary.org

Facebook: nesmithlibrary Instagram: nesmith.library X: NesmithLibrary

> Library Director: Sylvie Brikiatis

Service Hours

Monday – Thursday 9:00 a.m. – 8:00 p.m.

Friday 9:00 a.m. – 5:00 p.m.

Saturday 9:00 a.m. – 4:00 p.m.

> Sunday 1:00 – 5:00 p.m.

Library Closings

Monday, November 11 Thursday, November 28 Friday, November 29

